



Shattuck-St. Mary's
**Summer
Hockey**



Girls

Ages 11-18

**Elite Hockey
Camp**

Summer 2012

www.s-sm.org



Camp Curriculum

This is an all-around developmental boarding program featuring a comprehensive, well-balanced program of on-ice instruction plus dryland training. Coaches include current SSM coaches, women's college coaches, and are assisted by several Division I players from across the country.

Goalie Training

Included are three ice sessions per day, including morning powerskating. A goalie instructor will work with goaltenders during the afternoon and evening sessions. Instructors are current NCAA goaltenders who have worked extensively with SSM's hockey programs, teaching from basic saves, angles and rebound control, to skating technique, puck handling, and crease management. Instructors work within each student's level of knowledge and ability, to enhance technique and offer advice on style, based on the most current goaltending practices.

On-Ice Training

Each day includes morning power-skating instruction and afternoon skill development, including puck handling, passing, shooting, and puck protection technique. Evening sessions focus on Team Play and Strategy, including controlled scrimmages and a weekly "3x3" tournament. The week then culminates in a Saturday Game. Throughout camp, players will be assessed on an individual basis, and be provided with a written **Player Evaluation** following the conclusion of camp.

Off-Ice Training

Off-Ice sessions balance hockey-specific skill training with plyometrics, strength, and conditioning sessions. Team-building, leadership instruction, and group activities utilize all campus facilities, including the track, athletic fields, soccer dome, and weight room.

If you're serious about hockey, Shattuck-St. Mary's Girls' Elite Hockey Camp is **the one for you!**

If you are ready to advance to the next level, the SSM Girls' Elite Hockey Camp is the right choice for you this summer. Once again we have put together an All-Star cast from the coaching ranks of SSM and college hockey, providing the very best hockey instruction available.

Our program has been designed and refined over the years with the help of our instructors to emphasize the female athlete and hockey player. The experience that our instructors have amassed over the years is second to none, and will allow our girls to gain a depth of knowledge few camps can match.

If you're a girl between the ages of 11 and 18, and are serious about developing your skills, we invite you to come and take part in this one-of-a-kind experience. Register soon; our camp fills very quickly.

Tuition & Enrollment

Tuition for the 1-week session is \$850 for boarding campers. Extra Saturday night layovers are available to airline travelers for an additional \$90.00. This layover includes: transportation to-and-from the Minneapolis-St. Paul Airport; lodging; supervision; and meals for one additional night. Players attending should arrive Sunday, 6-24-12 and depart Saturday, 6-30-12. Scheduled arrival times into the Minneapolis-St. Paul Airport should be between 11:00 a.m. and 3:00 p.m., when possible. Departure times from Minneapolis-St. Paul Airport should be after 3:00 p.m. Enrollment will be limited to ensure a low staff-to-student ratio, providing the individual attention necessary for each student's personal development. Final determination of groups will be based on skill level.

To register, complete and return the attached enrollment form with a deposit of \$300 per player. Payment may be made by personal check or by Visa/Master Card/Discover. The balance is due on or before June 1, 2012 and should be mailed to:

**Shattuck-St. Mary's School
Attention: Girls Elite Hockey Camps
P.O. Box 218 • Faribault, MN 55021**

1-800-617-8469

Printable Registration at our website: www.s-sm.org



Facilities

Few residence camps can compare in scope and setting to the renowned Shattuck-St. Mary's School. The school boasts an expansive wooded campus and a complete athletic complex, including three hockey arenas, a domed indoor soccer field, six tennis courts, an outdoor ropes course, gymnasium, basketball courts, an all-weather track, and a newly-remodeled weight facility. Located in Faribault, just 45 minutes south of Minneapolis and the Mall of America, the entire 250-acre campus is designated as a Historic District on the National Register of Historic Places.

Meals & Lodging

Housing is provided on campus in adult-supervised dormitory buildings. Spacious, well-appointed semi-private rooms accommodate two or three players each. The buildings also include common areas for evening recreation and movie viewing. Meals are planned and prepared by Shattuck-St. Mary's full-time chefs and dieticians. Breakfast, lunch, and dinner are served buffet-style in our historic dining hall.



Summer 2012
Shattuck-St. Mary's Girls Elite Hockey Camp
June 24-30, 2012

(Please Print)

Player's name _____

Parent's name _____

Birth Date (month, day, year) _____ Ht. _____ Wt. _____

Level played this year _____ Position _____ Shoots L R

Home Address _____

City _____ State _____ Zip _____

Phone(hm) _____ (cell) _____ Player(cell) _____

FAX _____ e-mail _____

Roommate Request _____

Tuition:

Boarding \$850.00 Day \$640.00 Boarding or Day Goalie \$400.00

Payment: Check MasterCard Visa Discover

Name on Credit Card (please print) _____

Credit Card # _____

Exp. Date _____ Security Code: ___ __ _

Please charge the balance to my account on 6/1/12. Amount:

I, as parent or guardian of the above mentioned child, authorize him to take part in the Shattuck-St. Mary's Girls Elite Hockey Camp. I also authorize any emergency examination, x-ray, medical or surgical treatment deemed necessary by a licensed physician or hospital in Minnesota. I will not hold Shattuck-St. Mary's school, its coaches or staff responsible for accidents or injury that may occur while participating in any on or off-campus activities during her stay.

Signature _____ Date _____

To register, complete and return this form with a **non-refundable** deposit of \$300 per player. The balance is due on or before June 1, 2012.

Mail to:

Shattuck-St. Mary's School
Attention: Girls Elite Hockey Camp
P.O. Box 218
Faribault, MN 55021

For registration assistance contact:

Mary Hart
Phone: 1-507-333-1693
FAX: 507-333-1680
e-mail: Mary.Hart@s-sm.org

For more information, contact:

Gordie Stafford, Director of Girls Summer Hockey
Phone: 1-800-617-8469
FAX: 507-333-1680
e-mail: Gordon.Stafford@s-sm.org
www.s-sm.org

