



Shattuck-St. Mary's
**Summer
Hockey**



Pro
Development

www.s-sm.org

Ages 14-15
16-17



Schedule

Monday - Tuesday - Thursday - Friday

8:00 AM	Breakfast
8:45-9:15 AM	Stretch
9:30-11:00 AM	Ice
11:30 AM	Lunch
12:30-2:00 PM	Weights/Dry Land
2:45-3:30 PM	Class/Yoga
4:00-5:30 PM	Ice
6:00 PM	Dinner
7:30-9:30 PM	Player Meetings

Wednesday

8:00 AM	Breakfast
8:45-9:15 AM	Stretch
9:30-11:00 AM	Ice
11:30 AM	Lunch
12:30-2:00 PM	Weights/Dry Land
4:00 PM	Pre-Game Meal
5:00 PM	Report to Rink
5:30 PM	Team Meeting
7:00 PM	Game
9:30 PM	Post Game Snack

Saturday

8:00 AM	Breakfast
8:30 AM	Report to Rink
9:00 AM	Team Meeting
10:30 AM	Game

Afternoon Group Activity TBA

All on-ice and off-ice sessions are administered by members of the Shattuck-St. Mary's coaching and strength and conditioning staff. This schedule provides the optimal training camp environment for the serious player who is looking to ensure he is playing his best hockey and is in his best physical condition at the start of the season.



For more information...1-800-617-8469

Serious about hockey?
Serious about training?

Pro Development Camp

Is the one for you!

At Shattuck-St. Mary's Pro Development Camp, we understand that a player's rate of development is tied directly to the player's motivation, desire and the experience of his instructors. This program has been designed to accommodate only the most serious players who are motivated to work to achieve their goals. Having played and coached at the highest levels of hockey in Canada and the United States, our instructors offer aspiring players a depth of experience that few camps can match.

If you are a boy between the ages of 14 and 17 and are serious about your hockey development, we invite you to apply for this one-of-a-kind camp experience.

Tuition & Application

Tuition for this camp is \$2,495 for the two-week session. Enrollment is limited to 72 skaters and eight goaltenders to ensure a low staff-to-player ratio, providing the individual attention necessary for each player's personal development.

Players wishing to attend this camp should fill out and submit the application form on this brochure along with a deposit of \$500. The deposit will not be processed until the player is accepted. Payment may be with Visa, Master Card or Discover. All players will be contacted and informed of the status of their application.

Those players accepted to the camp should arrive on Sunday, Aug. 5, 2012, and depart on Saturday, Aug. 18, 2012, after 3 p.m. Transportation to and from the Minneapolis airport is available at no charge.

The balance of the tuition payment is due by July 1, 2012, and should be mailed to:

Shattuck-St. Mary's School
Attention: Pro Development Camp
P.O. Box 218 • Faribault, MN 55021

Printable Registration at our website: www.s-sm.org



Facilities

Few residence camps can compare in scope and setting to the renowned Shattuck-St. Mary's School. The school boasts an expansive wooded campus and a complete athletic complex, including three hockey arenas, a domed indoor soccer field, eight tennis courts, an outdoor ropes course, gymnasium, basketball courts, an all-weather track, and a newly remodeled weight room. Located in Faribault, just 45 minutes south of Minneapolis and the Mall of America, the entire 250-acre campus is designated as a Historic District on the National Register of Historic Places.

Meals & Lodging

Housing is provided on campus in adult-supervised dormitory buildings. Well-appointed semi-private rooms accommodate two or three players each. The buildings also include common areas for evening recreation and movie viewing. Meals are planned and prepared by Shattuck-St. Mary's full-time chefs and dietitians. Breakfast, lunch, and dinner are served buffet-style in our historic dining hall.



For more information...1-800-617-8469

Summer 2012
Shattuck-St. Mary's Pro Development Camp
Application

Player's name _____

Parent's name _____

Birth Date (month, day, year) _____ Ht. _____ Wt. _____

Level played this year _____ Position _____ Shoots L R

Home Address _____

City _____ State _____ Zip _____

Phone(hm) _____ (cell) _____ Player(cell) _____

FAX _____ e-mail _____

Coach's Name _____

Coach's email _____ phone _____

I am applying for:

Shattuck-St. Mary's
Pro Development Camp
Aug. 5, 2012 through Aug. 18, 2012
\$2,495.00

Jersey Size _____

Shorts Size _____

T-Shirt Size _____

Payment: Check MasterCard Visa Discover

Name on Credit Card (please print) _____

Credit Card # _____

Exp. Date _____ Security Code: ___ ___ ___

Please charge the balance to my account on 7/1/12. Amount: _____

I, as parent or guardian of the above mentioned child, authorize him to take part in the Shattuck-St. Mary's Boys Elite Hockey Camp. I also authorize any emergency examination, x-ray, medical or surgical treatment deemed necessary by a licensed physician or hospital in Minnesota. I will not hold Shattuck-St. Mary's school, its coaches or staff responsible for accidents or injury that may occur while participating in any on or off-campus activities during his stay.

Signature _____ Date _____

To apply, complete and return this form with a deposit of \$500 per player. The balance is due on or before July 1, 2012.

Mail to:
Shattuck-St. Mary's School
Attention: Boys Hockey Camps
P.O. Box 218
Faribault, MN 55021

For more information, contact:
Larry Horstman, Director of Boys Summer Hockey
Phone: 1-800-617-8469
FAX: 507-333-1680
e-mail: Lawrence.Horstman@s-sm.org



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