

FACILITIES

Few resident camps can compare in scope and setting to the renowned Shattuck-St. Mary's School. The School boasts an expansive wooded campus and a complete athletic complex, including three hockey arenas, a state-of-the-art athletic training facility, a domed indoor soccer field, six tennis courts, an outdoor ropes course, gymnasium, basketball courts, an all-weather track, and a newly-remodeled weight facility. Located in Faribault, Minn., just 45 minutes south of Minneapolis and the Mall of America, the entire 250-acre campus is designated as a Historic District on the National Register of Historic Places.



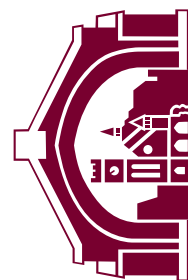
MEALS & LODGING

Housing is provided on campus in adult-supervised dormitory buildings. Semi-private rooms accommodate two or three players each. The buildings also include common areas for evening recreation and movie viewing. Meals are planned and prepared by Shattuck-St. Mary's full-time chefs and dietitians. Breakfast, lunch, and dinner are served in our newly remodeled servery area.



SAFETY FOCUSED

We monitor and adhere to local and federal pandemic safety measures. Any unforeseeable scheduling changes due to COVID-19 will be posted on our registration website.



SHATTUCK-ST.MARY'S

1000 Shumway Ave • Faribault, MN

USA HOCKEY GIRLS
NATIONAL
CHAMPIONS



2005	2013
2006	2014
2007	2015
2009	2016
2010	2017
2011	2018



2023
SHATTUCK-ST. MARY'S
GIRLS HOCKEY
SUMMER CAMP
FOR BIRTH YEARS 2012-2007



www.s-sm.org



CAMP CURRICULUM

Our comprehensive camp features a well-balanced developmental program of on-ice instruction and dry-land training. The coaching staff, which consists of current SSM coaches and women's college coaches, are assisted by several Division I players from across the country.

GOALIE TRAINING

IMPORTANT NOTE: Goaltenders are offered a discounted rate because this is NOT a goaltender specific camp. Goalies skate three ice sessions per day with their group, including morning power skating. A goalie instructor works with goaltenders during the afternoon and evening group sessions. These are current or former NCAA goaltenders or goaltender coaches teaching basic save techniques, angles, rebound control, puck skills, and crease management. Instructors work within each student's level of knowledge and ability, offering advice based on the most current goaltending practices.

ON-ICE TRAINING

Each day includes morning power skating instruction and afternoon skill development, including puck handling, passing, shooting, and puck protection technique. Evening sessions focus on team play and strategy, including controlled scrimmages and a weekly "3x3" tournament. The week culminates in a Saturday game. Throughout camp, players will be assessed on an individual basis, and be provided with a written player evaluation following the conclusion of camp.

DRY-LAND TRAINING

Off-ice sessions balance hockey-specific skill training with isometric strength and conditioning sessions. Team-building, leadership instruction, and group activities utilize all campus facilities, including the track, athletic fields, soccer dome, and weight room.



IF YOU'RE SERIOUS ABOUT HOCKEY, SHATTUCK-ST. MARY'S GIRLS HOCKEY CAMP IS THE CAMP FOR YOU!

If you are ready to advance to the next level, the SSM Girls Hockey Camp is the right choice for you this summer. Once again we have put together an All-Star cast from the coaching ranks of SSM and college hockey, providing the very best hockey instruction available.

Our program has been designed and refined over the years with the help of our instructors to emphasize the female athlete and hockey player. The experience that our instructors have amassed over the years is second to none, and will allow our girls to gain a depth of knowledge few camps can match.

If you're a girl between the birth years of 2012-2007, and are serious about developing your skills, we invite you to come and take part in this one-of-a-kind experience. Register soon; our camp fills very quickly.

TUITION & ENROLLMENT

Tuition for the one-week session is \$1,300 for a boarding player, \$1,050 for a day player, and \$500 for a goalie boarding or day player. Extra Saturday night layovers are available to airline travelers for an additional \$65. This layover includes lodging, supervision, and meals for one additional night.

Players attending the first week should arrive Sunday, June 25 and depart Saturday, July 1. Players attending the second week should arrive Sunday, July 2 and depart Saturday, July 8. Scheduled arrival times into the Minneapolis-St. Paul Airport should be before 3:00 p.m. CST, when possible. Departure times from Minneapolis-St. Paul Airport should be after 2:00 p.m. Enrollment will be limited to ensure a low staff-to-camper ratio, providing the individual attention necessary for each student's personal development. Final determination of groups will be based on skill level.

For more information and to register, please visit bit.ly/ssmhockeycamps.

