

# 2023 Shattuck-St. Mary's International Training Camp

## Guest and Resident Coach Bio's

### GUEST COACHES



**TOMMY STEENBERG:** Steenberg is a PSA Triple Master Rated Choreographer, MIF, and Free Skating Coach. Tommy is a recipient of the 2021 President's Award of Excellence for Upper Great Lakes Region. He competed internationally for Team USA for 8 years. His competitive accomplishments include: 3x Junior Grand Prix Champion, 10x national competitor (2001-2010), 3x national medalist (intermediate, novice, and junior), 2008 Regional and Sectional Champion, and 2008 Junior World top 10 finisher. He won the 2010 Young Artists Showcase Choreography Competition and guest choreographed for the Ice Theatre of NY. From 2010-2012, he performed with the George Mason University Dance Company. Tommy has been a faculty member for Audrey Weisiger's Grassroots to Champions nationwide seminars since 2008. In 2013, he graduated from the GMU Honors College with a B.A. in Dance and B.S. in Accounting and is a CPA. He is a triple gold medalist (Moves/Freestyle '05, Solo Free Dance '17), CER Category A compliant, and specializes in jumps, pole harness, spins, choreography, and footwork.



**JEREMY ALLEN:** Allen is a National and International coach teaching in the Greater Chicago area. Coaching since 2003, Jeremy is a renowned jump specialist and pole harness coach, and has helped skaters such as Jason Brown, Gracie Gold, Alexa Scimeca, and Danny O'Shea on their rise to success. He is perhaps best known as 2018 U.S. National Champion and Olympic bronze medalist Bradie Tennell's technical coach. Jeremy is the 2001 US Junior Pairs Champion (with partner Deborah Blinder) and went on to finish 5th at the World Junior Figure Skating Championships that year. He competed as a member of the US International Figure Skating Team in pairs at both the Junior and Senior levels. Jeremy is a true student of the sport, studying video and teaching techniques from skaters and coaches around the world. His interests in cutting edge jump technique and teaching methods make him one of the country's top technical coaches.



**SOFIA INTHALASKA** Freestyle, Jump Technique, Choreography Sofia has enjoyed developing competitive skaters domestically in the United States and internationally for more than 20 years. As a young skater she was awarded numerous Artistic Awards and continues to share her visions of artistic athleticism through her coaching accomplishments as well. Sofia had the privilege of coaching at world-renowned Ice Castle International in Lake Arrowhead, CA. She continues to develop and train aspiring elite athletes alongside collaborating with other coaches and figure skating programs all over the world.



**IKAIKA YOUNG** Freestyle, StSq, Skating Skills, Power Skating  
Ikaika has had the pleasure of teaching skaters at all levels of development. As a National Champion and international competitor, Ikaika has used this experience to develop multiple Regional, Sectional, and National Champions. During his time as a member of the Team USA developmental team coaching staff; Ikaika has coached Olympic medalists and World athletes from Team USA, Team China, Japan Skating Federation, Chinese-Taipei and Thailand. Ikaika enjoys guiding skaters of ALL LEVELS to grow and thrive within the sport.



**Phillip Mills** Choreographer for skaters at 23 World Championships and 6 Olympic Games, and with more than 25 U.S. National Champions in singles, pairs, and dance, Phillip Mills has been faculty for Team USA Camps, U.S. Figure Skating Coaches College, and numerous U.S. Figure Skating Judges Schools. This involvement keeps him tuned into the continued changes in figure skating. Phillip joined Carlo Fassi as the choreographer for the world-class training center at the Broadmoor World Arena in Colorado Springs in 1988. He later joined Carlo again at the famous Ice Castle International Figure Skating Training Center in Lake Arrowhead, California as Choreographer and Artistic Director of Ice Castle's International Ice Theatre. Teaming together with John Nicks in 2011, Phillip and Mr. Nicks worked together helping Ashley Wagner become the first US National Champion to repeat the title since Michelle

Kwan. Phillip has also created acclaimed programs for the likes of Michelle Kwan, Sasha Cohen, Katia Gordeeva, Courtney Hicks, Tara Lipinski, Rena Inoue & John Baldwin, Calla Urbanski & Rocky Marval, Nicole Bobek, Suzie Wynne & Joseph Druar, Elaine Zayak, Tatsuki Machida, Rionna Kato, Tsao Chih-I, Michael Martinez and Jill Trenary just to name a few. For the 2017-2018 Season, Phillip choreographed programs for numerous skaters from the U.S and around the globe. In just the U.S. alone last season, he created programs for 8 National competitors in Senior Ladies, Senior Pairs, Junior Ladies, Junior Pairs, and Novice men.

## RESIDENT COACHES



### Kyle Shropshire

Coach Shropshire is a U.S. Figure Skating Double Gold Medalist and has competed at the US National Championships (Novice level). Kyle toured with Disney On Ice as a principal performer for 6 years. He currently works with skaters at the Rochester and Red Wing Figure Skating Clubs specializing in pole harness and jumps.



### Alex Volpicelli

Alex Volpicelli, SSM class of 2011, was a regional, sectional, and national competitor, as well as a three-time intercollegiate national medalist. She has over 15 years of coaching experience in both Massachusetts and Minnesota, and this is her 5th year coaching at Shattuck St. Mary's. Alex specializes in freestyle, skating skills, power skating, moves in the field, and choreography.



### Carey Tinkelenberg

Carey Tinkelenberg is the founder of the Northfield Figure Skating School. Carey Tinkelenberg is a PSA Triple Master Rated coach and director, an SSM Staff Coach, and an ISU Coach Developer. Carey coaches athletes from beginner through senior levels, specializing in technical coaching, moves-in-the-field, off-ice jumps and flexibility, and mental training. She has a passion for cultivating life skills through skating, and challenging athletes to "Become their best selves." With a B.A. in Psychology from Carleton College, she is a longstanding member of numerous U.S. Figure Skating and

PSA leadership committees as well as the author of several articles and training materials for skating's national governing body. Carey was one of the original development specialists of Learn to Skate USA and is the founder of nearby Northfield Skating School.



### Peter Biver

Peter Biver is a U.S. National Coach and Competitor, an SSM Staff Coach, and a two-time Regional Medalist in pairs. Specializing in jump technique and the **Fishing Pole Harness**, Peter offers the highest-level instruction in Freestyle, Pairs, and Dance. Head coach to Regional, Sectional, National, & International Competitors, he uses a holistic approach to coaching by focusing on the complete development of each skater's personal potential as an athlete and an artist.



### Surya Bonaly

Surya Bonaly is a 9-time French figure skating champion, 5-time European figure skating champion, 3-time Olympian, and 3-time silver medalist at the World Figure Skating Championships. She is the first female figure skater to attempt a quadruple jump, and is known for being one of the only skaters who can land a back flip on one foot on the ice. Her coaching style is electric and innovative and draws upon her years as a featured skater in some of the world's premier skating shows. SSM is privileged to have Surya during the school year as Shattuck-St. Mary's Staff Coach.



### **Sarah France**

Sarah France is the Director of Outreach for the Ice Theatre of New York (ITNY), North America's first non-profit dance company on ice, as well as a principal professional ensemble performer, master edge class instructor and aerialist with ITNY. In addition to her on ice achievements, she has over 30 years of off ice background in dance including performing professionally as a modern dancer, was featured in the New York Times for inline figure skating, and developed an online off ice edge class for ITNY that was attended by thousands of skaters worldwide and mentioned in the Wall Street Journal and Skating Magazine. Sarah has been a coach and choreographer since 1998 working with developing, regional, sectional, national and international competitors and professional skaters across all skating disciplines. A specialist in skating skills, edge work and choreography, Sarah enjoys challenging skaters to move accurately and expressively on the ice.



### **Sandra Johansson**

Sandra Johansson has coached figure skating professionally for more than 30 years and specializes in Moves in the Field. Her encouraging coaching technique and extensive experience includes International and National singles competitors, and National and International Synchronized skating teams. Sandra coached in Sweden for more than 6 years and founded Sweden's successful synchronized skating program.



### **Robyn Petroskey**

Robyn Petroskey is a 7-time US Championship competitor and is the 1988 Novice Ladies Silver Medalist, 1989 Jr. Ladies Champion in Figures, and International Jr. Champion representing the US in East Berlin at the Blue Swords Junior Cup. A PSA Master-Rated, Level IV Coach, Robyn specializes in technical Jump, Spin, and Skating Component skills. Her Power Skating, Off-Ice Harness, and Off-Ice Spinner classes are popular staples. Robyn has coached many US Championship competitors and medalists, and is currently on the PSA Seminars Committee, PSA National Education Committee, and is a PSA Oral Examiner for PSA Oral Ratings. She has been a key PSA member and has served on the PSA Board of Governors, US Figure Skating Basic Skills Committee, US Figure Skating Grievance Committee, US Figure Skating Coaches Committee, US Figure Skating Competitions Committee, and has hosted and presented at numerous PSA Workshops.



### **Michael Chapa**

Michael is a SSM Alumni (2018-2022) who is Double Gold Medalist (Senior MIF and Senior Solo Dance). He is the 2022 US Figure Skating Junior Collegiate National Gold Medalist. He was on the US Figure Skater National Development Team (2020-2022). He is a registered coach with Professional Skating Association (PSA) and SafeSkate compliant. Michael coaches the following levels; Pre-Preliminary thru Intermediate level skaters. He specializes in single and double jumps, on ice spins, off ice electric spinner w/harness and off ice jump technique. Michael attends Lake Forest College. He is majoring in neuroscience and will continue his competitive figure skating journey.



### **Danielle Wolosek**

Danielle teaches all levels of Moves in the Field, Freestyle, Dance and International Dances. She has been teaching skaters for more than 10 years and continues to instill excellence in every skater she works with. Her true passion is coaching and enjoys sharing her love of skating with all of her students as she makes them smile while training them to be the best skaters they can be.



### **Heidi Massé**

Level III PSA Ranking, Head Coach for National Competitors and National Development Team Members, Head Coach and Choreographer for Regional, Sectional, national, and international competitors. Multiple National Champions at National Showcase, Theatre on ice teams, synchronized skating teams. prepare skaters for show auditions (Disney on ice, holiday on ice). Master Choreography Techniques Certified with American Ice Theatre and Phillip Mills Method of Choreography, 20+trained in ballet, tap, and jazz. Coaching experience at Detroit

Skating Club, , Traverse City FSC, Wisconsin Rapids FSC, Valley FSC, Green Bay FSC, Kalamazoo FSC, International Skating Center of Connecticut, and Amherst Massachusetts FSC  
*"I am passionate about creating a life experience for the skaters that I am privileged to work with. My goal is to give every skater the opportunity for growth, goal setting and achievement, and a sense of confidence and creativity in their skating."*



### **Garrett Kling (he/him)**

Garrett is a PSA-Master Rated Choreographer, choreographing for international skaters spanning 6 Continents, ranging from beginners to Olympic skaters. He is Co-Executive Director of American Ice Theatre, an artistic figure skating organization where he also directs the Minneapolis-St. Paul branch. Touring professionally since 2012, he has skated with Holiday on Ice, Willy Bietak Productions, Dynamic Shows, StageWorks Worldwide Productions, and Ice Theatre of New York. He is currently performing in Le Patin Libre's production "Murmuration" recently touring in Germany, France, Canada and the US. As a certified RYT-200 yoga Instructor and background in ballet and modern dance, Garrett is passionate about teaching skaters the mind-body connection and nurturing each individual's inner artist to come onto the ice.