

GENERAL SUMMER CAMP INFORMATION

Medical Care

The Shattuck-St. Mary's Health Service team is equipped to handle routine health care needs. Nurses are available during daily office hours as well as on-call at times outside of daily office hours and emergencies. Shattuck-St. Mary's also has resident athletic trainers on staff. In the event that urgent medical care is needed, a hospital with full-service emergency room is within five-minutes by car. Major medical facilities such as, the Mayo Clinic in Rochester, MN as well as Abbott Northwestern Hospital systems in Minneapolis, MN are each only one-hour away.

NOTE: As prescribed by law and by our responsibility for personal welfare of each camp attendee, Shattuck-St. Mary's medical forms **MUST** be completed before a player's arrival to campus. If any required section is not completed, or if immunizations are not up to date, Shattuck-St. Mary's School reserves the right to cancel non-refundable reservations.

Sport related camps only: Any camper with a chronic condition (i.e. asthma) requiring prescription medication or a camper who has had a serious injury or illness in the past month must have a physical exam before attending camp. Please call and request a **Sports Qualifying Physical Examination form** if your camper requires a physical. If any required section is not completed, or if immunizations are not up to date, Shattuck-St. Mary's School reserves the right to cancel non-refundable registrations.

Social Expectations

Shattuck-St. Mary's School **will not tolerate** theft, vandalism, drug or alcohol use, or conduct that is deemed immoral. These are serious infractions of camp/school code of conduct rules and anyone involved will be required to leave the program (forfeiting tuition).

The basic rule for dorm life is *cooperation***:** a mutual respect for the rights and sensitivities of others and consideration for each individual. Such consideration includes: respect for the other person's culture and habits, personal property, and the right to sleep. The rules of dormitory life are not just the responsibility of the coaches and staff, **every camper is expected to support these roles as a contributing member of Shattuck-St Mary's residential program.**

All members of the community are expected to respect their environment as well as the property of others. It is the responsibility of **each individual** to make a contribution to help maintain pleasant surroundings. **Each camper is expected to prevent litter in the hallways and on sidewalks** and make judicious use of appropriate storage areas for belongings.

Candles, incense, oil lamps, and cooking pots are considered a fire hazard and are not allowed in the dormitories. Shattuck-St. Mary's School is a smoke-free environment and, as such, smoking / vaping of any fashion is strictly prohibited. Due to health factors, chewing tobacco is also not permitted. Parents and guests are asked to refrain from tobacco while on campus.

Please also reference the Camp Rules and Expectations section of this document for further information on expected behavior while at Shattuck-St. Mary's.

Roommates and Room Inspections

One of the values of dormitory life includes learning to appreciate and get along with others. In this regard, all campers should expect to have a roommate (or roommates) for the duration of the summer session.

Hockey camp only: Whenever possible, we will try to assign each international player with an American roommate. This enables players from different cultures to have the opportunity to learn from each other's similarities and differences.

Campers are responsible for maintaining the appearance and cleanliness of their rooms. Beds are to be made daily. Clothing and other possessions should be neatly arranged. Campers should also be sure to keep their

doors locked when not in their dorm rooms. Shattuck-St. Mary's School reserves the right to have access to all rooms, at all times, in the interest and the safety and well being of each member of the community.

Electric Appliances

Radios, clocks, lamps, hair dryers, curling irons, fans and heating pads are allowed in dorm rooms and should be used with care. **Television sets, refrigerators, irons, air conditioners, cooking equipment or large musical amplifiers are NOT allowed in dorm rooms and should NOT be brought to campus.**

Because music will carry in dorm halls and outside of the building, and can ultimately be disruptive to others, stereos should be audible ONLY in the room in which they are being played; headphones are encouraged.

Camp "Bank"

Most camps strongly encourage campers to deposit all money and valuables (i.e. cash, credit cards, passport, airline tickets) in the camp bank for your own security. You are allowed to draw out cash at specified times each day. Campers may open an account with the camp bank at registration. Deposits may be made by check or credit card. You will withdraw the remaining balance from your account on the final day of camp.

By making use of the camp bank, you eliminate the possibility of theft or loss of your money and valuables. There is no extra charge or service fee for utilizing the camp bank during your stay.

Packages and Letters can be Mailed to

Shattuck St. Mary's School [CAMP NAME] [CAMPERS NAME] 1000 Shumway Ave Faribault, MN 55021

Travel Tips

Many campers will arrive by car, but some will need airport pickup and drop off.

If we are providing airport pickup and drop off at the Minneapolis/St. Paul Airport, please schedule the arrivals before 3:00 PM on Sunday and the departures after 2:00 PM on Saturday (Hockey Camp Specific).

When travel reservations are made please update the information in your Active Registration. Please refer to your registration confirmation email with a link to your Active profile.

Depending on if your child flies as a regular passenger or an unaccompanied minor (UM) a staff member will either meet them in the baggage claim or at the gate. Some campers have traveled a lot on their own, are of proper age to fly without an UM ticket, and do not need assistance. These campers can check themselves in for a flight, go through security lines, find gates and baggage claims, and are prepared to handle travel delays or flight changes on their own. Unaccompanied Minor Information (UM): Please check with your airline concerning fees for children flying under the age of 15. Campers that are required to (or elect to) travel on an UM ticket will be fully supervised throughout their travels and do not need to navigate airports and deal with travel issues.

SSM staff information (name, address, and contact phone number) for unaccompanied minor (UM) tickets will be provided to you closer to camp start. If necessary, you may use "SSM Camp Representative" with phone number 507-333-1693. Closer to camp you will receive the updated staff information. You must change to the correct staff information before your son or daughter's flight. Some airlines require name changes be done on the phone rather than at the check-in counter or at the airport on the day of the flight.

We ask that all airline baggage and unaccompanied minor fees be paid in advance for both arrival and departure flights.



SUMMER CAMP RULES AND GUIDELINES

GENERAL CAMP CONDUCT

- Clothing displaying inappropriate language, graphics depicting tobacco, alcohol, illegal substances, nudity, or crude content is prohibited at all times
- Camp participants should be respectful of each other while on campus. Any harassment, bullying, emotional or physical abuse, use or possession of weapons, hazing and/or threats are prohibited and will not be tolerated
- Any form of sexual harassment is prohibited. Sexual harassment may include, but is not limited to:
 - 1. Verbal harassment or abuse
 - 2. Subtle pressure for sexual activity
 - 3. Any sexually motivated unwelcome or unwanted touching
 - 4. Inappropriate patting or pinching
 - 5. Intentional brushing against a person's body
 - 6. Demanding sexual favors
 - 7. Posting or circulating of pictures, posters, jokes, etc.
- All alcohol, drug and tobacco use is prohibited while on campus. Possession and use will result in sending the child home for the duration of the camp
- Camp participants are not allowed in the woods behind campus for safety reasons
- Camp participants are not allowed use of flames, matches, lighters, etc. and must not tamper with, disable, or set off any fire safety devices such as alarms or fire extinguishers
- Camp participants will not engage in theft, vandalism, or intentional destruction of property in any setting
- Camp participants must be accountable for their location and inform supervising adults if off campus. Campers are not allowed to leave campus unless supervised by an adult. If parents are taking a camp participant off campus during camp, they must inform a group leader. Campers also need to check-in, on time, with an adult in charge by check-in time at the end of the night
- Camp participants must carry the camp schedule with them at all times and adhere to the camp schedule unless otherwise instructed
- Should a camp participant become ill, please inform a supervising adult
- Cell phones need to be turned off prior to ANY camp activity

CONDUCT WHILE IN CAMPUS BUILDINGS

- Rollerblades and/or scooters are not allowed in the buildings
- After eating meals in the dining hall, please bring your dishes and silverware to the dish drop room and wipe down your table/chair before departing the dining hall. All trash should be thrown away before campers leave the dining hall
- All camp participants should be respectful of the kitchen staff and others in the dining hall
- Camp participants are not allowed behind a locked and/or closed classroom or office door or any other prohibited areas unless a supervising adult is present
- Campers are not allowed onto any rooftops of any of the campus buildings
- Baseball hats and/or knit hats should not be worn in the academic buildings at any time
- The academic buildings are places for work and learning and students are expected to behave with consideration in these spaces. This includes moderating the noise level near offices and classrooms, being aware of appropriate behavior, and keeping the hallways and campus buildings clean and free of clutter
- Camp participants may not use the elevators in the school, unless pre-approved

CONDUCT WHILE IN DORMS

- Camp participants are responsible for keeping their dorm rooms, hallways, any indoor facility or outdoor fields clean and free of garbage
- Camp participants are advised to lock their dorm room doors if leaving their dorm room
- Any lost dorm room keys will result in a lost key fine of \$20 to be paid prior to departure.
- Camp participants must stay in their dorm after final check-in time at the end of the evening
- Camp participants should know where the fire exits are in their dorm buildings upon arrival

First time offenses might result in a warning while some more serious infractions may result in sending a camp participant home. Shattuck-St. Mary's School reserves the right to make final disciplinary decisions based on the severity of the offense and how it may or may not affect the group, as a whole. Camper safety and well-being is always our priority.

This list is not intended to be exhaustive; all camp participants are expected to exhibit good judgment and respect for others